

Body Planes and Anatomical Directions

Label the body planes and anatomical directions using the letters in the diagram. Then color the words to match the arrows and planes. In the space provided give a brief description of each word.

Body Planes

1. _____ Midsagittal

2. _____ Frontal

3. _____ Transverse

Anatomical Directions

4. _____ Anterior (Ventral)

5. _____ Distal

6. _____ Inferior

7. _____ Lateral

8. _____ Medial

9. _____ Posterior (Dorsal)

10. _____ Proximal

11. _____ Superior

